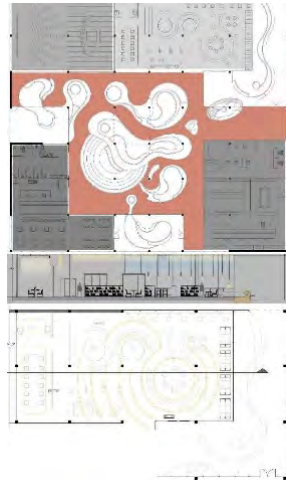




To study and research about ecological development and nature conservation, to understand the holistic relation of man and nature. Design helps foster emotional attachments to our environment by satisfying the human need to affiliate with nature. It is through these attachments that we can increase our productivity, creativity, health, and performance.



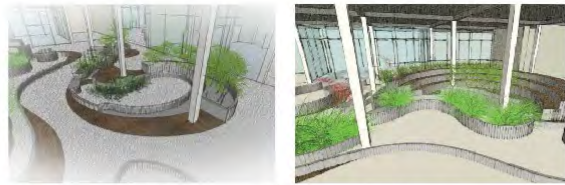
TRUSHANTI T. SHIRODKAR



OIKOS: Center for Ecological services, research, and education.



The idea to create spaces which induce harmony, happiness & peace in the lives of the users makes me happy. With my prior education and work experience in the field of Interior and landscape design I was very excited to learn the design culture when I came to Canada. My design philosophy is centered around creating "timeless meaningful spaces" which are more than just Interior. My goal is to develop designs which imbibe a synergy of the traditional and the modern elements. Contemporary classic design with transitional notes, creating serene, timeless, and elegant interiors. Keep the past in mind, but always think of the future. This is at the back of each decision I make when it comes to designing or redesigning a space. I believe in creating designs, which primarily responds to its users.



TRUSHANTI T. SHIRODKAR



OIKOS: Center for Ecological services, research, and education.



SPACE PLANNING SOLUTIONS:  
FOCUS AREA 1



**INTERIOR PAINT (P1)**  
Finish: Interior Paint  
Manufacturer: Clare Paints  
Colour: Spice White

**FLOORING (F1 - F6)**  
Finish: Homogeneous Sheet  
Manufacturer: Armstrong  
Line: Accolade Plus

**WALL BASE (B1)**  
Finish: Rubber Wall Base  
Manufacturer: Armstrong

F1: Spice White SA056	F2: Mountain Moss SA002	F3: Parkland Pine SA003	F4: Dyllis Blue SA073	F5: Tansani SA007	F6: Sovereign Gold SA006	B1: Grey Mist R48GM



Focus Area 1 Render

The conceptual framework of the Healthy Living Center is inspired by this idea of process and flow, which finds its reflections in the interior design in the form of soft curves and organic shapes and the sense of rhythm and movement throughout. The goal of this project is to create an inspiring space, so healing and energizing, that people would leave feeling more motivated for a positive change than when they first enter.

SPACE PLANNING SOLUTIONS:  
FOCUS AREA 2



**WALL BASE (B1)**  
Finish: Rubber Wall Base  
Manufacturer: Armstrong  
Colour: Grey Mist R48GM

**FLOORING (F1 - F3)**  
Finish: Homogeneous Sheet  
Manufacturer: Armstrong

**INTERIOR PAINT (P1)**  
Finish: Interior Paint  
Manufacturer: Clare Paints  
Colour: Spice White

**FLOORING (F1 - F3)**  
Finish: Homogeneous Sheet  
Manufacturer: Armstrong

**WALL BASE (B1)**  
Finish: Rubber Wall Base  
Manufacturer: Armstrong  
Colour: Grey Mist R48GM

KATERYNA FRANCHUK



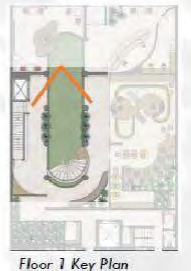
Common Area 1 Render

**WALL BASE (B1)**  
Finish: Rubber Wall Base  
Manufacturer: Armstrong  
Colour: Grey Mist R48GM

**FLOORING (F1 - F3)**  
Finish: Homogeneous Sheet  
Manufacturer: Armstrong

**INTERIOR PAINT (P1)**  
Finish: Interior Paint  
Manufacturer: Clare Paints  
Colour: Spice White

B1: Grey Mist R48GM	F2: Mountain Moss SA002	F3: Parkland Pine SA003



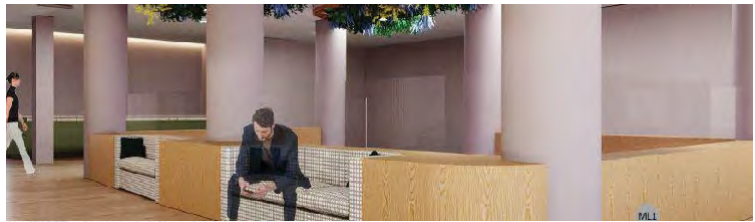
Floor 1 Key Plan

THE HEALTHY  
LIVING CENTER



I found my way to Interior Design after a successful career in the Hospitality Industry, to which I am immensely grateful for teaching me a great deal about patience, empathy, attention to detail, and most importantly - understanding people - all invaluable skills important for a career in design.

I now look at Interior Design in a more mature, more measured perspective. This is probably why my vision is not purely aesthetical. I am convinced that interiors, apart from being beautiful, have to facilitate the lives of people, and contribute to their wellbeing - both physical and emotional. This is why following graduation, I have achieved the LEED GA and WELL AP certification and am currently preparing for my first NCIDQ exam.

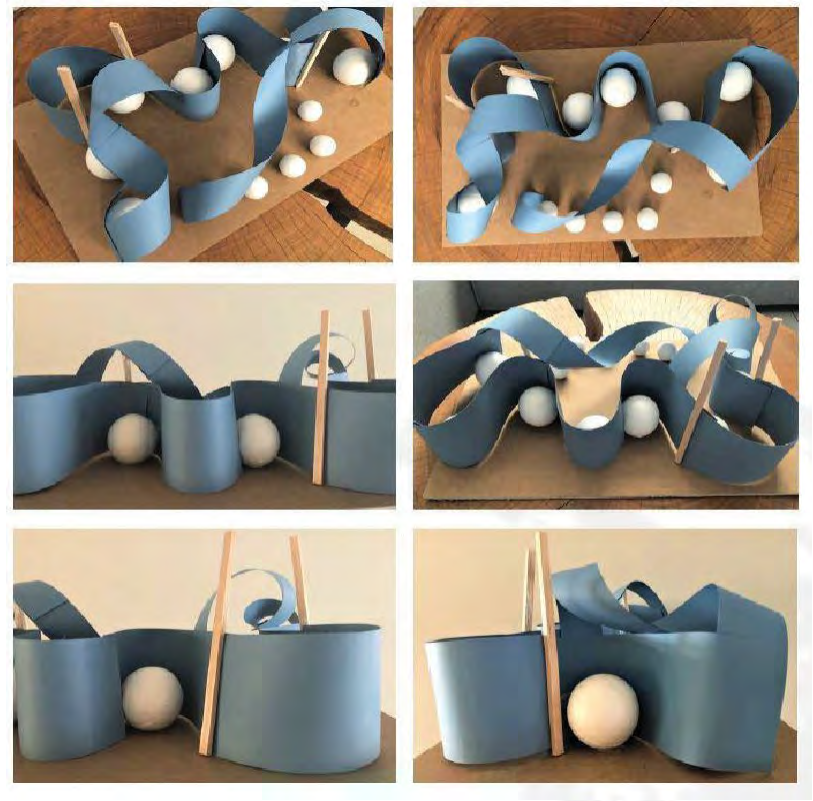
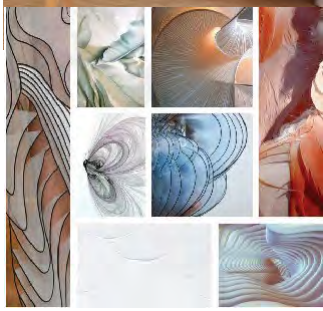


CONCEPT DEVELOPMENT

	<b>Relevance to the concept:</b> The flow motion signifies change, path and transition, which occurs at the Healthy Living Center					
	<b>Relevance to the concept:</b> This image is light and airy. The upward movement signifies self-improvement, start of something new, and leaving behind the things that weigh you down					
	<b>Relevance to the concept:</b> Leaf symbolizes growth and new beginning. Being a part of the Healthy Living Community is a step towards personal growth and health improvement					
	<b>Relevance to the concept:</b> Healthy lifestyle is not a straight path - it is a constant process of improvement. This image reflects the curvy path on towards the goal and shows a process					



KATERYNA FRANCHUK



THE HEALTHY  
LIVING CENTER

